

# DRUMMING FOR JOY

Monday and Tuesday evenings,  
JANUARY 11, FEBRUARY 9, MARCH 8,  
APRIL 13, MAY 10, and JUNE 8, 2010

7PM-8:30PM

RETREAT LEADER:  
JANE GOSSARD



Come and enjoy the uplifting, joyful, healing power of drumming. The drumming circle is a place where we experience deep connection to the spirit and feel the truth that we are all one.

No experience with drumming is necessary. Everyone has a drummer inside. All you need is a drum to find him/her. Drums and rhythmic instruments will be provided, but if you have a drum or rhythm instrument of your own, bring it along! (A small plastic bottle with beans inside = a shaker.)

If you've ever longed to get your hands on a drum, if you like to move when you hear a beat be it as simple as clapping your hands or tapping your feet, or if you're just plain curious, then come!

What previous participants are saying about *"DRUMMING FOR JOY"*

*"Drumming at the Ridge—release, renew, re-energize"*

*"Relaxed, informative, welcoming"*

*"Awesome way to be in community"*

*"I got to make noise and not think about anything else"*

## Jane Gossard

African drummer and inspirational storyteller, Jane Gossard has performed at Three Apples Storytelling Festival, Brother Blue's, Andover Bookstore, and libraries, school and churches in Lawrence, Andover, Lowell and Dracut. People of all ages enjoy the voice of her drum as Jane shares "Drumcalling", a powerful story of love and self-discovery that describes how the African djembe drum became part of her life. Jane has led regular drumming circles for people of all ages and for special events. Most of the people in Jane's circles have never drummed before. All have discovered the joy of speaking with a new voice—the voice of the drum

## Rolling Ridge

Retreat and Conference Center

**REGISTER** for this program  
on line at [www.rollingridge.org](http://www.rollingridge.org)  
or call our office at 978-682-8815  
ALL MAJOR CREDIT CARDS ACCEPTED.  
Email: [thestaff@rollingridge.org](mailto:thestaff@rollingridge.org)  
Registration fee: \$15 in advance/ \$20 at the door