

# DEEP LISTENING

IN DIFFICULT TIMES

MONDAY, APRIL 12, 2010

9:30AM-3:30PM

## RETREAT LEADERS:

BEVAN C. TULK, BS,  
ANNE L. BOEDECKER, PhD



**In our personal lives** and our ministry we are often called upon to comfort those who are experiencing a major loss or difficult transition. Being a healing presence in those times can be a transformative experience for both the one who is hurting and the one who is helping. Facing profound grief and loss deepens our relationship with ourselves, our family and our faith. Using story-telling, discussion, humor, and experiential exercises Bevan and Anne will introduce ways to truly listen, to be fully present, and to care for ourselves and others in those difficult times. You will leave knowing how to turn awkward silences into sacred moments.

### Bevan C. Tulk

is a Hospice Spiritual Care Coordinator and MDiv. candidate at Andover-Newton Theological School. Using art, music, ritual and story-telling he co-creates sacred spaces for terminally ill individuals and their families to experience and express their growth and healing. He has done extensive training in Spirituality and the Arts.

### Anne L. Boedecker

brings over 25 years experience as a therapist, teacher, and Tibetan Buddhist practitioner to her work. Her passion is the creative care of the Soul through art, journaling, meditation, music and movement.

## Rolling Ridge

Retreat and Conference Center

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Early Registration: \$48 After 4/5/10: \$55

The Day Apart retreat series includes your gourmet lunch. We suggest an early arrival time of 9am for gathering, pastry, coffee & tea, prior to a 9:30 program start. Please let us know in advance should you have specific dietary needs.